

## South Downs Way



Kit Johnstone, Ph.D.  
Near Friston Forest

12 From *Jyangdaö* here in a generation;  
What vanity is this? Should you live  
A thousand years full of seasons  
Without God it'd be vain, I believe.

Kit Johnstone, Ph.D.  
Wilderness, 2011

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† Christianity came to the southern part of the U.K. in the sixth century from Rome by St Augustine. In the north it was spread by monks from Ireland.